

# **9th International Conference on Conservative Management of Spinal Deformities**

**7th SOSORT Meeting *Milan (Italy) 10-12 May 2012***

## **FINAL PROGRAM**

**Thursday, the 10th of May**

### **INTRODUCTION**

09.00 Opening remarks

Negrini S. (Italy)

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### **ETIOPATHOGENESIS**

09.10 Truncal asymmetry in school children: the effect of the parental age at birth

Grivas T.B., Mihas C., Mazioti C., Sakelaropoulou S., Zisis N., Akriotis A., Burwell R.G. (Greece)

09.16 Patient selection in genetic association studies in idiopathic scoliosis

Harasymczuk P., Janusz P., Kotwicki T. (Poland)

09.22 Scoliosis with hyperkyphosis combines in 20% of cases with Scheuermann's disease and it's more frequent in males

Atanasio S., Donzelli S., Zaina F., Negrini A., Negrini S. (Italy)

09.28 **Discussion**

09.37 The neuromuscular factor in the idiopathic scoliosis. Retrospective longitudinal study of a group of 308 adolescents treated with neuromuscular rebalancing.

Fimiani A. (Italy)

09.43 The relationship between scoliosis and balance in a population of adolescents with AIS

Knott P., Musto J., Thompson S., Mardjetko S. (USA)

09.49 Everyday postures in idiopathic scoliosis: is there any correlation with curve morphology ?

Negrini A., Pasini E., Romano M., Donzelli S., Zaina F., Negrini S. (Italy)

09.55 **Discussion**

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## **EVALUATION 1**

- 10.04 Quantitative ultrasound measurements of bone strength in female adolescent idiopathic scoliosis patients  
*Wang H., Du Q., Chen PJ., Li JA., He X.H. (USA)*
- 10.10 A simple method of spinal length assessment in patients with idiopathic scoliosis  
*Tyrakowski M., Wojtera-Tyrakowska D., Kotwicki T., Czubak J. (Poland)*
- 10.16 Comparison between subjective perception of trunk deformity (TAPS) and objective assessment of back asymmetry (surface topography)  
*Rigo M., Elisabetta D'Agata (Spain)*
- 10.22 End growth results analysis related to Risser score, Cobb degrees and curve types at the beginning of the treatment  
*Donzelli S., Zaina F., Negrini S. (Italy)*
- 10.28 **Discussion**
- 10.40 **Coffee break**
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## **KEY NOTE SPEAKERS**

- 11.00 Biomechanical aspects of the conservative treatment of idiopathic scoliosis  
*Aulisa L. (Italy)*
- 11.20 Scoliosis in cerebral palsied child  
*Ferrari A. (Italy)*
- 11.40 Adolescent idiopathic scoliosis and corporeal awareness disorders  
*Smania N. (Italy)*
- 12.00 **Questions & Answers**
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## **EVALUATION 2**

- 12.15 Analysis of differences in pain and disability in people with adult scoliosis and non specific low back pain  
*Bissolotti L., Sani V., Gobbo M., Orizio C. (Italy)*
- 12.21 Correlation between maturation, growth spurt and the progression of adolescent idiopathic scoliosis.  
*Coillard C., Circo A.B., Rivard C.H. (Canada)*
- 12.27 Risser stages, menarche and their correlations with other growth parameters in a cohort of 3,553 Italian adolescent idiopathic scoliosis patients.  
*Minnella S., Donzelli S., Zaina F., Negrini S. (Italy)*

12.33 **Discussion**

12.42 **Lunch**

12.42 **Scoliosis Journal Lunch**

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## **PHYSIOTHERAPY 1**

- 14.00 Therapy objectives, treatments modalities and outcomes used by physiotherapists for adolescent idiopathic scoliosis in Alberta, Canada.  
*Parent E.C., Buyks D., Clough J., Jespersen L., Gibson J., Lessard J. (Canada)*
- 14.06 Chiropractic treatment of scoliosis, a systematic review of the scientific literature  
*McAviney J. (Australia)*
- 14.12 Gamebased physiotherapy for evidence based practice in children with juvenile idiopathic scoliosis  
*Feistritzer-Gröbl P., Nischelwitzer A., Saraph V. (Austria)*
- 14.18 **Discussion**
- 14.27 Orthopedic treatment on child scoliosis: what are the consequences on muscular force?  
*Courtois I., Morizot C. (France)*
- 14.33 Exercise capacity of adolescent girls with idiopathic scoliosis analysed in 6 Minute Walking Test (6MWT) with and without Cheneau's brace - pilot studies  
*Pajak J., Durmala J., Bugala-Szpak J. (Poland)*
- 14.39 Sports in association with specific exercises can help to achieve better results in controlling the evolution of scoliosis  
*Romano M., Negrini S. (Italy)*
- 14.45 **Discussion**

## CONTROVERSIAL ISSUES SESSION

### EXERCISES FOR SCOLIOSIS TREATMENT: WHERE WE ARE TODAY?

14.54 Introduction

Grivas T.B. (Greece)

14.59 An SRS perspective

Price N. (USA)

15.14 A SOSORT perspective

Rigo M. (Spain)

15.29 Discussion

15.44 Coffee break

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## PHYSIOTHERAPY 2

16.05 3-D geometric imaging of the trunk in normal adolescents and age-matched patients impaired with idiopathic scoliosis: selected effects of conservative intervention according to Schroth  
Stoler S., Baransi H., Givon U., Dvir Z. (Israel)

16.11 Feasibility and three months preliminary results of an RCT on the effect of Schroth exercises in adolescent idiopathic scoliosis (AIS)

Schreiber S., Parent E.C., Hedden D.M., Watkins E.M., Hill D.L., Moreau M., Southon S., Mahood J.K. (Canada)

16.17 Influence of active and passive derotation techniques of OMT Kalternborn-Evjenth manual therapy on trunk morphology of adolescents with idiopathic scoliosis – pilot studies

Durmala J., Wnuk B., Blicharska I., Wadolowski K., Dybula S., Dzierzega J. (Poland)

16.23 Active thoracic kyphotisation: modifications in the shape of the trunk

Romano M., Saveri F., Negrini A., Negrini S. (Italy)

16.29 Discussion

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## CONSENSUS SESSION

16.41 Imaging: how much and when

Knott P. (USA)

18.00 End of the day

## Friday, the 11th of May

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### 08.00 Committees Meetings

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## IMAGING AND SURFACE TOPOGRAPHY

- 09.00 Manual versus automatic indices assessment based on markerless three dimensional, structural light surface topography postural assessment. Preliminary study.  
*Glinkowski W., Michonski J., Glinkowska B., Sitnik R. (Poland)*

- 09.06 Analysis of anterior trunk symmetry index (ATSI). Preliminary report  
*Stolinski L., Kotwicki T., Czaprowski D., Chowanska J. (Poland)*

- 09.12 Micro: a useful and more simple tool to measure the magnitude of scoliosis curves on x-rays.  
*Romano M., Zaina F., Donzelli S., Negrini S. (Italy)*

### 09.18 Discussion

- 09.27 Pedicle morphology using CT-based navigation system in adolescent idiopathic scoliosis  
*Kuraishi S. (Japan)*

- 09.33 Can bending radiographs be useful for lenke classification system of idiopathic scoliosis?  
*Tyrakowski M., Kotwicki T., Koch A., Drwiega M., Lisiecka K., Lawniczak D., Pietrzak S., Czubak J. (Poland)*

- 09.39 "Slopes": a new approach to scoliosis radiographic measurement and evaluation related to the horizontal plane in a bodily view  
*Negrini S., Atanasio S., Donzelli S., Zaina F. (Italy)*

### 09.45 Discussion

- 09.54 Therapy modifies end-vertebrae and measuring always on the same vertebrae overestimates final results. A blind cohort controlled prospective study  
*Negrini A., Atanasio S., Vanossi M., Donzelli S., Zaina F., Negrini S. (Italy)*

- 10.00 A study of assessments of the camptocormie.  
*De Sèze M., Guillaud E., Slugatz L., Cazalets J.R. (France)*

- 10.06 Adult scoliosis and non-specific low back pain: analisys of trunk kinematics  
*Bissolotti L., Sani V., Gobbo M., Orizio C. (Italy)*

### 10.12 Discussion

### 10.21 Coffee break

## **SOSORT AWARD**

- 10.40 Lyon bracing in adolescent females with idiopathic scoliosis: assessment of results according to the SRS committee on bracing and nonoperative management standardization criteria.  
*Aulisa A.G., Guzzanti V., Perisano C., Scudieri G., Bocchino L., Teramo S., Aulisa L. (Italy)*

### **10.47 Discussion**

- 10.50 Prospective study of 136 adolescent scoliosis of more than 40° treated with the Lyon brace  
*De Mauroy J.C. (France)*

### **10.57 Discussion**

- 11.00 Brace treatment is effective in idiopathic scoliosis over 45°: a prospective controlled study  
*Lusini M., Donzelli S., Zaina F., Negrini S. (Italy)*

### **11.07 Discussion**

- 11.10 Prospective study according to the SRS and SOSORT criteria on the effectiveness of a complete conservative treatment (bracing and exercises) for adolescent idiopathic scoliosis: efficacy and intent-to-treat analysis  
*Negrini S., Donzelli S., Zaina F. (Italy)*

### **11.17 Discussion**

- 11.20 A comparison approach to explain risks related to x-ray imaging for scoliosis  
*Pace N., Ricci L. (Italy)*

### **11.27 Discussion**

- 11.30 The effect of radiographic vertebral body and intervertebral disc wedging on curve progression in idiopathic scoliosis  
*Volz R., Dolan L.A., Masrouha F., Weinstein S.L. (USA)*

### **11.37 Discussion**

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## **CONTROVERSIAL ISSUES SESSION**

### **WHEN TO FUSE OR NOT TO FUSE - PERSPECTIVES FROM SOSORT AND THE SRS**

- 11.40 **Introduction**  
*Kotwicki (Poland)*

- 11.45 An SRS perspective  
*Richards (USA)*

- 12.00 A SOSORT perspective  
*Negrini (Italy)*

- 12.15 **Discussion**  
12.30 **Lunch**

## **BRACING 1**

- 13.45 Different material for the SPORT concept brace: short time comparison of Sforzesco and Sibilla brace  
Zaina F., Donzelli S., Lusini M., Negrini S. (Italy)
- 13.51 Comparison of in brace correction between supine, molded, assymmetric TLSOS and standing, CAD, symmetric TLSOS  
Speers, D. (USA)
- 13.57 CAD/CAM and biomechanical simulations vs. standard technique for the design of braces in adolescent idiopathic scoliosis: first results  
Desbiens-Blais F., Clin J., Parent S., Labelle H., Aubin C.E. (Canada)

### **14.03 Discussion**

- 14.12 It is possible to maintain a high compliance even in the long term: results from the Thermobrace study  
Donzelli S., Zaina F., Negrini S. (Italy)
- 14.18 Good brace compliance reduced curve progression and surgical rates in patients with idiopathic scoliosis.  
Brox J.I., Lange J.E., Gunderson R.B., Steen H. (Norway)
- 14.24 Outcome of Rigo-Chêneau type brace treatment for adolescent idiopathic scoliosis -using the Scoliosis Research Society brace studies inclusion criteria.  
Maruyama T., Yamada H., Nakao Y. (Japan)

### **14.30 Discussion**

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## **BRACING 2**

- 14.39 Side effects of braces. A cross-sectional survey.  
Tavernaro M., Tessadri F., Zonta A., Negrini S. (Italy)
- 14.45 Effect of Spinecor brace on pulmonary functions  
Ömer E., Can N., Oguz E., Bilgic S., Sehirioglu A. (Turkey)
- 14.51 A prospective interventional cohort study of 175 patients treated by the spinecor orthosis, following the Scoliosis Research Society Criteria  
Coillard C., Circo A., Rivard C.H. (Canada)

### **14.57 Discussion**

- 15.06 Evaluation of TLSOS in the bracing in adolescent idiopathic scoliosis trial (BrAIST)  
Dolan L.A., Haggerty K.A., Weinstein S.L., BrAIST Study Team (USA)

15.12 Retrospective analysis of immediate in-brace correction of scoliosis attainable in patients with AIS  
*Knott P., Techy F., Cotter T., Jansen L., Kove P., Loving J., Poletis K., Mardjetko S. (USA)*

15.18 Brace efficacy: metanalysis of studies conducted according to the SRS criteria for brace studies  
*Zaina F., Donzelli S., Lusini M., Negrini S. (Italy)*

15.24 **Discussion**

15.33 **Coffee break**

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### **BRACING 3**

15.50 The conservative treatment of congenital scoliosis with hemivertebra: report of three cases.  
*Aulisa A.G., Guzzanti V., Perisano C., Scudieri G., Bocchino L., Teramo S., Aulisa L. (Italy)*

15.56 Conservative treatment of juvenile with Chiari I malformation, syringomyelia and scoliosis. Two case reports.  
*Rigo M., Janssen B., Campo R., Tremonti L. (Spain)*

16.02 Using of Cheneau brace for early onset scoliosis treatment  
*Chekryzhev D., Mezentsev A., Petrenko D. (Ukraine)*

16.08 **Discussion**

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### **SOSORT LIFETIME PRIZE**

16.17 **Mehta M. (United Kingdom)**

16.27 **Negrini A. (Italy)**

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16.37 **Business Meeting**

18.00 **End of the day**

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## Saturday, the 12th of May

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### 08.30 Committees Meetings

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## QUALITY OF LIFE AND PSYCHOLOGY 1

- 9.30 An online survey investigating the information needs of adolescent idiopathic scoliosis patients and their families: preliminary results  
*Wellburn S., Bettany-Saltikov J., Hamilton S. (United Kingdom)*
- 09.36 Trunk appearance perception scale (TAPS) discrepancy between adolescents with idiopathic scoliosis and their parents influences HRQL  
*Rigo M., D'Agata E., Jelacic M. (Spain)*
- 09.42 The effects of scoliosis bracing on parent and child perception of adolescent's quality of life  
*Knott P., Anderson C., Werner M., Wilson H., Speers D. (USA)*
- 09.48 Self image, stress level and quality of life in adolescents patients with idiopathic scoliosis  
*Kinel E., Kotwicki T., Podolska A., Bialek M., Stryla W. (Poland)*
- 09.54 Discussion
- 10.06 **POSTER SESSION**
- 10.50 Coffee break
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## QUALITY OF LIFE AND PSYCHOLOGY 2

- 11.10 Use of kidscreen 52 questionnaire for quality of life evaluation in adolescents with idiopathic scoliosis after surgery  
*Rusovs G., Audrupe O., Ositis J., Vatra A., Vatra A. (Latvia)*
- 11.16 Findings from a small-scale, exploratory content analysis of information provided to AIS patients and their parents from NHS Scoliosis Hospital Clinics  
*Arai L., Bettany-Saltikov J., Hamilton S. (United Kingdom)*
- 11.22 Which is the role of self-esteem in adolescents with idiopathic scoliosis under a conservative treatment?  
*D'Agata E., Pérez-Testor C., Negrini S., Rigo M. (Spain)*

- 11.28 Quality of life and stress level in adolescents with idiopathic scoliosis subjected to conservative treatment  
*Kinel E., Kotwicki T., Podolska A., Bialek M., Stryla W. (Poland)*

**11.34 Discussion**

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## **THE PRESIDENTIAL LECTURES**

- 11.46 The SRS Lecture: "The Role of Screening and Brace treatment in Adolescent Idiopathic Scoliosis"  
*Richards S.B. (USA)*

- 12.11 The SOSORT Presidential Address: "The future of SOSORT: not names, but evidence"  
*Negrini S. (Italy)*
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## **CONCLUSIONS**

- 12.36 Next Meeting  
*Knott P. (USA)*

- 12.51 SOSORT Award Winners  
*Maruyama T. (Japan)*

- 12.56 Closing Remarks  
*Negrini S. (Italy)*

**13.00 END OF THE MEETING**